



Newsletter
July/ 2017
Aug

YORK CORE VALUES



67 Minutes for Mandela Day

Driekop Sawmill's Graskop Street Cleaning Campaign

A few of us did our part for Mandela Day by spending 67 minutes picking up papers in Graskop Town. It was a humbling experience for us all as it was the first time we participated in doing our part for Mandela day.



Front left to right: Johanna Phiri, Yolandie Turner, Beatrice Mashego.

Middle left to right: Emelly Sithole, Elzanne Strydom, Liefeling Radebe.

Back left to Right: Cylves Mathebula, Sainet Shilubane, Marvin Mashego, Albert Malebe, Paul Bester, Jaco Botha.

The beat on the streets ...



Elzane Strydom and Liefing Radebe while cleaning Graskop streets.



Yolandie Turner and Liefing Radebe while cleaning Graskop streets.

Photos courtesy of Mr. Raymond Dwingler from RSN AUTOSPARES Graskop

Words of wisdom



“

IT ALWAYS SEEMS
IMPOSSIBLE
UNTIL IT'S DONE.

”

Jessievale Mandela Day Projects 2017



Sinovuyo Day Care – scarves and lollipops





Sithulile Day Care – scarves and lollipops



Thol'ulwazi Day Care – scarves, teddies and lollipops





Siyathuthuka Care Centre for the elderly – bag with underwear, wash cloth and soap or men's t-shirt, wash cloth and soap

Iphupho sewing ladies' Mandela Day project



100 goody bags for girls, stitched for well known fashion designer Marion Reed



Marion Reed opens the box with the goody bags.



Angelique Fabric Manager with Elizabeth Nkosi – team leader of Iphupho sewing ladies.



Out of this gesture came a business opportunity for the sewing ladies.

News from N&M ...

Another year older!

Mandla celebrated his birthday in true N&M style with a lovely cake!

May your year ahead be prosperous!!!



Motivating a team

N&M strives to reach the daily set targets. The targets are challenging in the current economic climate. There are also many performance barriers to overcome, one of them being the winter weather which impacts on the daily attendance figure which in turn jeopardizes operations.

However the Mill Manager, Jaco van der Merwe found a way to motivate his team positively by implementing the **trophy system**. Amos Lekhuleni and his team received the trophy in acknowledgement for production improvement at the Wetmill.



Positive Feedback ...

The foremen of Driekop went to visit Nicholson & Mullin and Jessivale, this was their feedback ...

“The employees of every department we visited, welcomed us with a smile! Their work spaces were so tidy and everything positioned in its place. They certainly know what they are doing and therefore didn't need to ask too many questions!

They get most of their recovery material under Wetmill where they have installed a good recovery machine.”

- *Jerry Ngomane*



From left to right:

Jerry Ngomane, Sam Shilenge, Emelly Sithole, Monty Morirri, Jameson Mokoena

“The trip to N&M and Jessivale was successful and we enjoyed it a lot! The process of taking out FBB materials at Grading was interesting and to see how it gets done there. They have two places where they do small bundling and it was good to experience that.”

- *Sam Shilenge*

“We went to N&M on the 14th of July 2017, they knew we are coming. They welcome us with big smiles and took us through the mill. We are working similar in most production areas, however the difference is the machines. Then comes Jessivale on the 19th of July, all of them were happy to see us, they took us around the mill. We learned a lot maybe we can improve on our side here and there. We want to thank our Mill Manager, Hans Heunis for giving us this opportunity.”

- *Emelly Sithole*

Kusile Visit

On 24 August 2017, 17 York employees from Sabie, Graskop, Nicholson and Mullin and Jessievale had the opportunity to visit Kusile Power Station. With a budget of R160 billion the power plant, consisting of six boilers with 800MW turbines, is the largest construction site in the southern hemisphere and the largest dry-air cooled power plant in the world. All those who attended were taken aback by the size of the plant which has chimney heights of 220m, boiler heights of 112m and uses about 62 times the power that Sabie site uses to run. One boiler can power 114 boilers at Sabie sites or 364 boilers at Jessievale!



It's a boy!

Congratulations to Leandr  and Werner Strydom with their first Born!

Baby boy Albert Strydom was born 22 August 2017 at 09H06.

Leandr  Strydom is working at Sabie Mill Finance as Production Administrator.

Wedding Bliss



Congratulations to Derik and Chantelize Bower!
May they have many blessed and happy years together.

Sabie Eco Park



A team has been established to partner in setting up an Eco Park in Sabie. This will be situated on York and KLF property and allow for recreation, bicycle riding, running and dog walking in a safe and beautiful environment. Cleaning of alien vegetation and development of an indigenous belt as well as walks and facilities will be provided according to the plan. This is a joint effort eco-tourism/community project between the Department of Economic Development, Environment and Tourism, KLF and York. For more information contact Deon van Zyl.

From left to right: Chris de Beer (KLF), Edward Zhwala (Tourism Advisor DEDET), Thulani Nhlapo (Deputy Director, DEDET), Deon van Zyl and Kirsten Coetzee.

WHO WANTS TO BE THE BIGGEST LOSER?!



And so, the **Jessievale Biggest Loser** competition came to an end. To combat the sadness (and the thought of gaining all that weight again), I wrote a stupid little poem ... please grab a tissue ... here goes ...

Our weight loss was a journey
we tackled it in stages
While all the ladies had great success
some others will take ages
We're proud to say we ate good food
we exercised a lot,
All the success lifted our mood
inspiring the rest!

Ten ladies started in January, and eight of them finished the challenge at the end of July. It was seven months of weighing and measuring that came to an end. (At last!!) And boy did we lose a lot! But gained so much more (if you know what I mean).

The basic rules of the challenge were as follows:

- Every lady chose her own goal weight in the beginning of the challenge, so she was in fact not competing against the other participants, but against herself.
- If a participant lost the highest percentage of the weight she set herself out to lose, then she won!! This meant that even if she only wanted to loose 2kg, and someone else wanted to loose 10kg, her chances of winning were equal to the next lady. The ladies had to lose 100%, or the closest to 100% of HER OWN CHOSEN TARGET. Plain and simple.
- Every loser paid R50 each month to continue participating in the challenge – this made up the cash prize for the winner and runner up.

“And then the winner of the challenge”... (do a drum roll in your mind please ... dum dum dum dum!!) **is Zanelle Potgieter!!** She lost so much weight, that her husband says he feels like he is having an affair with his wife. (Read that sentence again please). She was delighted to be crowned the Jessievale Biggest Loser. Considering South Africa's current economic climate, the cash prize Zanelle won, is enough to buy half a trolley of No Name groceries from her nearest convenience store (that is 65km near – because we live in the South African outback – aka Jessievale!). Well done Zanelle. We are proud! The rest of the loser ladies, we are proud of you, and so should you be of yourself! Your prize is self-worth, respect for your bodies and learning about reconsidering what you put into your mouth. And that should be the biggest prize, to be comfortable in your own skin, and to respect the temple that houses your soul.

In the words of a friend of mine: **“Go be brave, and PUT DOWN THAT CHOCOLATE!!”**

- Cecilia Swaters, Occupational Health Nurse, Jessievale

Welcome to our new employees



Philip Khumalo

– Truck Driver Forestry Jessievale



Amos Magagula

– Harvesting Operator
Forestry Jessievale



Louis Hamman

– Transport Forester Jessievale

A bit of cycling, outside of Sabie

Christine and I spent a few days on a cycling holiday in Europe, participating in the 20th edition of the Transalp MTB race.

The race started in Mayrhofen, Austria and finished seven days and 600km later in Riva del Garda, Italy. The route traversed mountain passes of the Dolomites, World War I paths, glacier lakes, ski resorts, bike parks, historical towns, orchards, vineyards and many (natural) pine plantations. Being summer in Europe, we were treated with beautiful sunny days, even though the mountain peaks were capped with snow.

Around 500 teams of two, from around 40 countries took part in this year's race. The two things that truly stood out was the beauty of the natural scenery and the magnitude of the mountains. Cycling on/over/through these mountains was a tough task, as our total vertical ascent added up to 17 000m, which is about the height of Mount Everest, times two. Having Sabie as our training ground certainly aided us in preparing for this.

The Europeans are crazy about cycling (just like the South Africans), with the only difference being the infrastructure made available to them. Even though some of this exists in South Africa, it is not nearly on the same scale. Buses, trains, hotels, restaurants, shops and even ski-lifts all cater for bicycles in some or other way. Hundreds of kilometres of cycle-paths link towns, mountains and valleys with each other and where these paths don't exist, the motorists are extremely forgiving towards cyclists.

Although we don't have mountains of the same calibre in South Africa, we are spoilt with the mountain biking routes and trails available to us. With some expansion of our infrastructure, and also an improvement on the culture towards cyclists, we could easily be the world's number one cycling destination.

For us, exploring new countries on a bicycle was something special, as we experienced it in a completely different way.

The same goes for cycling and exploring your immediate environment.

You'll be amazed at the things you discover. (Getting lean and mean while doing this, doesn't hurt either.)

- Werner Bosman





TRAVELING OVERSEAS OR TO AFRICA?

Please contact **Mokgadi Maepa**, our Health Consultant by sending an e-mail to **maepamo@forbes.co.za** with the following information: full names, membership number, departure and return date and the country you travelling to.

Please inform Mokgadi in advance, as Discovery needs to issue you with a certificate. You are more than welcome to CC Juliana Henning in your e-mail.



HR MESSAGE TO EMPLOYEES REGARDING YOUR PAYSリップ

Payslips are given to HR Officers, who then distribute it to the relevant Supervisors, HOD's and Managers.

Should you not receive your payslip, please ask your direct Supervisor, HOD or Manager to give it to you.

ALEXANDER FORBES RETIREMENT FUND



Dear Member,

Enhancing your retirement savings through - Additional Voluntary Contributions

The Management Committee would like to remind you of your opportunity to enhance your Retirement savings, through Additional Voluntary Contributions, **with effect October each year**. Refer to York's March 2017 newsletter explaining the tax benefit for Additional Voluntary Contributions.

Investment Returns

You are reminded that investing for Retirement is a long term strategy and there may be short term volatility in markets. The returns are also published on a monthly basis and can be found on the Alexander Forbes website at **www.alexanderforbes.co.za**.

Nomination of beneficiary forms

The Management Committee would like to remind you of the importance of having a fully completed **nomination of beneficiary form** in file. Existing information **should be updated annually or on a life event**, to ensure your most recent information is indicated. The beneficiary nomination forms are available in Zulu, Xhosa, English and Afrikaans.

Kindly speak to your HR should you wish to update your beneficiary nomination forms.

Assistance

As a member of the AFRF York Timbers retirement fund, you have access to financial advice.

Phone the **Alexander Forbes Individual Advice Centre** on **0860 100 444** for financial advice.

Alternatively you can contact **Ryan Smithyman** on tel **+27 13 756-8321**.

